

# Benefit Resources and Contacts

If you have a question about...	Contact/Resource	Group/Policy #	Member Services Phone Number	Member Portal/Website
<ul style="list-style-type: none"> <li>• Benefits enrollment and changes</li> <li>• Plan information</li> <li>• Coverage questions</li> <li>• Advocacy services</li> </ul>	<b>Your Benefits Resources</b>	n/a	855-564-6155 8:00 a.m. to 8:00 p.m. ET Monday through Friday	Access via <a href="#">single sign-on</a> while on your company network. Outside of your company network, log on directly at: <a href="http://www.myhranywhere.com/benefits">www.myhranywhere.com/benefits</a>
<ul style="list-style-type: none"> <li>• Health care options</li> <li>• FAQs</li> <li>• Side-by-side comparisons</li> <li>• Helpful videos and articles</li> </ul>	<b>Make It Yours benefits microsite</b>	n/a	n/a	<a href="https://gaf.makeityoursource.com">https://gaf.makeityoursource.com</a>
Medical	<b>Aetna</b>	176645	855-496.6289	<a href="https://www.aetna.com">https://www.aetna.com</a>
Medical	<b>Anthem</b>	270229	844-404-2165	<a href="http://www.anthem.com">http://www.anthem.com</a>
Medical	<b>Cigna</b>	3344502	855-694-9638	<a href="https://my.cigna.com">https://my.cigna.com</a>
Medical	<b>Dean/Prevea360</b>	17IH475	877-232-9375	<a href="http://aon.deanhealthplan.com">http://aon.deanhealthplan.com</a>
Medical	<b>Geisinger</b>	10119217	844-390-8332	<a href="https://www.geisinger.org/member-portal">https://www.geisinger.org/member-portal</a>
Medical	<b>Health Net</b>	Varies (Contact Health Net for more information)	888-926-1692	<a href="https://www.healthnet.com/myaon">https://www.healthnet.com/myaon</a>
Medical	<b>Kaiser-CA</b>	Varies (Contact Kaiser for more information)	800-464-4000	<a href="http://www.kp.org">http://www.kp.org</a>
Medical	<b>Kaiser-CO</b>	Varies (Contact Kaiser for more information)	303-338-3800	<a href="http://www.kp.org">http://www.kp.org</a>
Medical	<b>Kaiser-GA</b>	Varies (Contact Kaiser for more information)	888-865-5813 or 404-504-5712	<a href="http://www.kp.org">http://www.kp.org</a>
Medical	<b>Kaiser-MA</b>	Varies (Contact Kaiser for more information)	800-777-7902	<a href="http://www.kp.org">http://www.kp.org</a>
Medical	<b>Kaiser-NW</b>	Varies (Contact Kaiser for more information)	800-813-2000 (HMO) or 866-616-0047 (Added Choice)	<a href="http://www.kp.org">http://www.kp.org</a>

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Medical	<b>Kaiser-WA</b>	Varies (Contact Kaiser for more information)	855-407-0900	<a href="https://wa-member.kaiserpermanente.org">https://wa-member.kaiserpermanente.org</a>
Medical	<b>Medical Mutual</b>	128536	800-541-2770	<a href="https://member.medmutual.com">https://member.medmutual.com</a>
Medical	<b>Priority Health</b>	796428	833-207-3211	<a href="https://member.priorityhealth.com/login">https://member.priorityhealth.com/login</a>
Medical	<b>UnitedHealthcare</b>	925149	888-297-0878	<a href="http://myuhc.com">http://myuhc.com</a>
Medical	<b>UPMC Health Plan</b>	22325	844-252-0690	<a href="https://www.upmchealthplan.com/members">https://www.upmchealthplan.com/members</a>
Medical second opinions	<b>2nd.MD</b>	n/a	866-841-2575	<a href="https://2nd.MD/gaf">https://2nd.MD/gaf</a>
Dental	<b>Aetna</b>	176646	855-496-6289	<a href="https://www.aetna.com">https://www.aetna.com</a>
Dental	<b>Cigna</b>	2501436 (D)	855-694-9638	<a href="https://my.cigna.com">https://my.cigna.com</a>
Dental	<b>Delta Dental-CA</b>	21456	800-471-7614	<a href="http://www.deltadentalins.com">http://www.deltadentalins.com</a>
Dental	<b>MetLife</b>	236308	888-309-5526	<a href="https://www.metlife.com/mybenefits">https://www.metlife.com/mybenefits</a>
Dental	<b>UnitedHealthcare</b>	1538017	888-571-5218	<a href="https://www.myuhc.com">https://www.myuhc.com</a>
Vision	<b>EyeMed</b>	VCN-1	844-739-9837	<a href="https://member.eyemedvisioncare.com/member/en">https://member.eyemedvisioncare.com/member/en</a>
Vision	<b>MetLife</b>	N/A	888-309-5526	<a href="https://www.metlife.com/mybenefits">https://www.metlife.com/mybenefits</a>
Vision	<b>UnitedHealthcare</b>	925149	888-571-5218	<a href="https://www.myuhcvision.com">https://www.myuhcvision.com</a>
Vision	<b>VSP</b>	30106404	877-478-7559	<a href="https://www.vsp.com/signon.html">https://www.vsp.com/signon.html</a>
Prescription drugs	<b>Express Scripts</b>	GAFMCRX	800-711-0917	<a href="https://www.express-scripts.com">https://www.express-scripts.com</a>
HSA, FSA, LSA and Commuter Benefits	<b>WEX</b>	n/a	866-451-3399	<a href="https://benefitslogin.wexhealth.com">https://benefitslogin.wexhealth.com</a>
Accident insurance, critical illness and hospital indemnity	<b>Allstate</b>	85969	866-709-3877	<a href="https://allstatevoluntary.com/gaf">https://allstatevoluntary.com/gaf</a> Employee Portal: <a href="https://mybenefits.allstate.com">https://mybenefits.allstate.com</a>
Disability insurance	<b>Lincoln Financial</b>	PSA3-880-054466 Company code: Leave	888-408-7300	<a href="https://www.mylincolnportal.com">https://www.mylincolnportal.com</a>
Life and accidental death and dismemberment insurance	<b>Securian Financial</b>	70688 (Life Insurance) 70689 (AD&D)	866-293-6047 (General Information) 888-658-0193 (Claims) 800-872-2214 (Medical Underwriting)	<a href="https://www.securian.com">https://www.securian.com</a>
Whole life insurance	<b>Allstate</b>	AON54	866-709-3877	<a href="https://allstatevoluntary.com/gaf">https://allstatevoluntary.com/gaf</a> Employee Portal: <a href="https://mybenefits.allstate.com">https://mybenefits.allstate.com</a>
Employee assistance program (EAP)	<b>Optum</b>	Web access code: GAF	888-224-5672	<a href="https://www.liveandworkwell.com">https://www.liveandworkwell.com</a>

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Family-building benefits and menopause support	<b>Kindbody</b>	KINDFAMILY	855-747-1630	<a href="https://kindbody.com/activate-kindbody-benefit">https://kindbody.com/activate-kindbody-benefit</a>
Legal services	<b>MetLife Legal Plans</b>	Web access code: 4080010	800-821-6400	<a href="https://info.legalplans.com/Home">https://info.legalplans.com/Home</a>
Identity theft protection	<b>ID Watchdog</b>	n/a	800-373-1226	<a href="https://www.idwatchdog.com">https://www.idwatchdog.com</a>
Back-up care, family support and back-up pet care	<b>Bright Horizons</b>	Employer username: GAFSGI Password: Benefits4You	n/a	Registration: <a href="https://bh.social/3yoNP51">https://bh.social/3yoNP51</a>
Employee discounts	<b>BenefitHub</b>	JXJVCC	n/a	<a href="https://gaf.benefithub.com">https://gaf.benefithub.com</a>
Pet prescription discount program	<b>Inside Rx Pets</b>	Click on "Get Savings Card" to download discount card	n/a	<a href="https://insiderxpets.com">https://insiderxpets.com</a>
Mortgage services	<b>American Federal Mortgage</b>	Licensed in NY, NJ, CT, PA, MA, DE, MD, NC, SC, FL	862-259-3138 Ask for Carl Casperson	<a href="https://www.americanfedmortgage.com/corporateincentive-program">https://www.americanfedmortgage.com/corporateincentive-program</a> Email: <a href="mailto:ccasperson@amfedmtg.com">ccasperson@amfedmtg.com</a>
Financial counseling	<b>Quotient</b>	n/a	888-895-4797	<a href="https://quotientwealth.com">https://quotientwealth.com</a> Email: <a href="mailto:info@quotientwealth.com">info@quotientwealth.com</a>
401(k)	<b>Vanguard</b>	GAF: 097379, SGI: 095764	800-523-1188	<a href="http://ownyourfuture.vanguard.com">ownyourfuture.vanguard.com</a>

## HRX Assist is also here to help!

Simply log on to [Your Benefits Resources](#) and select **Your Help Requests** from the **Quick Actions** menu to start a request. Just fill out the topic and details of concern sections and attach any pertinent files. The HRX Assist tool will then align you with the right person to help resolve the issue.



### ID Card Issuance

When applicable, physical ID cards will be mailed to an enrolled member's home address on file and digital ID cards will be available via the carrier's online member portal and/or the carrier's mobile app.

Visit [Your Benefits Resources](#) to see if your carrier will be releasing a new ID card