## kindbody +



## GAF offers Kindbody as your fertility and family-building benefit



There are many different fertility and family-building journeys, whether you are looking to start your family today or preserve your options for the future. Kindbody provides end-to-end fertility services with a dedicated Care Navigation Team to guide you through your journey and coordinate the full-spectrum of benefits available to you and your covered family members.

## Your Kindbody Benefit Includes

- Up to 2 KindCycles per employee and spouse/domestic partner per lifetime for fertility treatment services such as IUI, IVF and egg/embryo/sperm preservation (services are subject to any applicable deductible, copay and coinsurance under the medical plan)<sup>1</sup>
- Up to \$50,000 reimbursement per employee per lifetime for eligible adoption, donor, or surrogacy expenses<sup>2</sup>
- Up to 10 holistic health coaching sessions per lifetime which cover a wide range of topics such as mental well-being, nutrition, lactation support, back-to-work care and more
- Up to \$2,000 per year for the reimbursement of travel expenses for family-building medical events<sup>3</sup>
- Dedicated Care Navigation Team to provide white-glove service and coordinate the full spectrum of benefits
- Access to Kindbody's full suite of services and network of partner clinics
- Access to Kindbody's library of resources, videos, live & virtual events, and support groups

<sup>1</sup> Fertility treatment services are available to employees and their spouses/domestic partners if enrolled in the company's medical plan. Fertility medications are dispensed through your medical plan's pharmacy benefit manager.

<sup>2</sup> Reimbursement services are taxable; please consult with your tax advisor with any questions.

<sup>3</sup>Travel benefits are offered as necessary. Kaiser members will receive travel reimbursement benefits under their Kaiser plan.

## How to Get Started with Kindbody

- Head to <u>kindbody.com/activate</u>
- 2 Create your Kindbody account using any email address
- **3** Confirm eligibility by entering your access code **KINDFAMILY** and your Unique ID. Your Unique ID is your employee ID; for your spouse/domestic partner this is the employee ID + S' at the end. *Example: if the employee unique ID is 1234, then the spouse Unique ID is 1234S.*



Contact Kindbody before selecting your medical plan for 2024 Email or call us to understand how the fertility services will be covered employeebenefits@kindbody.com