kindbody +











GAF offers Kindbody as your fertility and family-building benefit



There are many different fertility and family-building journeys, whether you are looking to start your family today or preserve your options for the future. Kindbody provides end-to-end fertility services with a dedicated Care Navigation Team to guide you through your journey and coordinate the full-spectrum of benefits available to you and your covered family members.

Your Kindbody Benefit Includes

- Up to 2 KindCycles per employee and spouse/domestic partner per lifetime for fertility treatment services such as IUI, IVF and egg/embryo/sperm preservation (services are subject to any applicable deductible, copay and coinsurance under the medical plan)¹
- Up to \$50,000 reimbursement per employee per lifetime for eligible adoption, donor, or surrogacy expenses²
- Up to 10 holistic health coaching sessions per lifetime which cover a wide range of topics such as mental well-being, nutrition, lactation support, back-to-work care and more
- Up to \$2,000 per year for the reimbursement of travel expenses for family-building medical events³
- Dedicated Care Navigation Team to provide white-glove service and coordinate the full spectrum of benefits
- Access to Kindbody's full suite of services and network of partner clinics
- Access to Kindbody's <u>library</u> of resources, videos, live & virtual events, and support groups
- ¹ Fertility treatment services are available to employees and their spouses/domestic partners if enrolled in the company's medical plan. Fertility medications are dispensed through your medical plan's pharmacy benefit manager.
- ² Reimbursement services are taxable; please consult with your tax advisor with any questions.
- ³Travel benefits are offered as necessary. Kaiser members will receive travel reimbursement benefits under their Kaiser plan.

How to Get Started with Kindbody

- 1 Head to <u>kindbody.com/activate</u>
- 2 Create your Kindbody account using any email address
- Confirm eligibility by entering your access code **KINDFAMILY** and your Unique ID. Your Unique ID is your employee ID; for your spouse/domestic partner this is the employee ID + S' at the end.

 Example: if the employee unique ID is 1234, then the spouse Unique ID is 1234S.



Contact Kindbody before selecting your medical plan

Email or call us to understand how the fertility services will be covered

employeebenefits@kindbody.com