



Benefits Contacts

If you have a question about...	Contact/Resource	Group/Policy #	Member Services Phone Number	Member Portal/Website
<ul style="list-style-type: none">• Benefits enrollment and changes• Plan information• Coverage questions• Advocacy services	Your Benefits Resources	n/a	855-564-6155 8:00 a.m. to 8:00 p.m. ET Monday through Friday	Access via single sign-on while on your company network. Outside of your company network, log on directly at: www.myhranywhere.com/benefits
<ul style="list-style-type: none">• Health care options• FAQs• Side-by-side comparisons• Helpful videos and articles	Make It Yours benefits microsite	n/a	n/a	https://gaf.makeityoursource.com
Medical	Aetna	176645	855-496-6289	https://www.aetna.com
Medical	Anthem	270229	844-404-2165	http://www.anthem.com
Medical	Cigna	3344502	855-694-9638	https://my.cigna.com
Medical	Dean / Prevea360	17IH475	877-232-9375	http://aon.deanhealthplan.com
Medical	Health Net	Varies (Contact Health Net for more information)	888-926-1692	https://www.healthnet.com/myaon
Medical	Kaiser-CA	Varies (Contact Kaiser for more information)	800-464-4000	http://www.kp.org
Medical	Kaiser-CO	Varies (Contact Kaiser for more information)	303-338-3800	http://www.kp.org
Medical	Kaiser-GA	Varies (Contact Kaiser for more information)	888-865-5813 or 404-504-5712	http://www.kp.org
Medical	Kaiser-MA	Varies (Contact Kaiser for more information)	800-777-7902	http://www.kp.org

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Medical	Kaiser-NW	Varies (Contact Kaiser for more information)	800-813-2000 (HMO) or 866-616-0047 (Added Choice)	http://www.kp.org
Medical	Kaiser-WA	Varies (Contact Kaiser for more information)	855-407-0900	https://wa-member.kaiserpermanente.org
Medical	Medical Mutual	128536	800-541-2770	https://member.medmutual.com
Medical	Priority Health	796428	833-207-3211	https://member.priorityhealth.com/login
Medical	UnitedHealthcare	925149	888-297-0878	http://myuhc.com
Medical	UPMC Health Plan	22325	844-252-0690	https://www.upmchealthplan.com/members
Medical second opinions	2nd.MD	n/a	866-841-2575	https://2nd.MD/gaf
Dental	Aetna	176646	855-496-6289	https://www.aetna.com
Dental	Cigna	2501436 (D)	855-694-9638	https://my.cigna.com
Dental	Delta Dental-CA	21456	800-471-7614	http://www.deltadentalins.com
Dental	MetLife	236308	888-309-5526	https://www.metlife.com/mybenefits
Dental	UnitedHealthcare	1538017	888-571-5218	https://www.myuhc.com
Vision	EyeMed	VCN-1	844-739-9837	https://member.eyemedvisioncare.com/member/en
Vision	MetLife	N/A	888-309-5526	https://www.metlife.com/mybenefits
Vision	UnitedHealthcare	925149	888-571-5218	https://www.myuhcvision.com
Vision	VSP	30106404	877-478-7559	https://www.vsp.com/signon.html
Prescription drugs	OptumRx	RX GRP – RX7970	844-245-0452	https://optumrx.com
HSA, FSA, LSA and Commuter Benefits	WEX	n/a	866-451-3399	https://benefitslogin.wexhealth.com
Accident insurance, critical illness and hospital indemnity	Allstate	85969	866-709-3877	https://allstatevoluntary.com/gaf Employee Portal: https://mybenefits.allstate.com
Disability insurance	Lincoln Financial	PSA3-880-054466 Company code: Leave	888-408-7300	https://www.mylincolnportal.com
Life and accidental death and dismemberment insurance	Securian Financial	70688 (Life Insurance) 70689 (AD&D)	866-293-6047 (General Information) 888-658-0193 (Claims) 800-872-2214 (Medical Underwriting)	https://www.securian.com

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Whole life insurance	Allstate	AON54	866-709-3877	https://allstatevoluntary.com/gaf Employee Portal: https://mybenefits.allstate.com
Employee assistance program (EAP)	Optum	Web access code: GAF	888-224-5672	https://www.liveandworkwell.com
Family-building benefits and menopause support	Kindbody	KINDFAMILY	855-747-1630	https://kindbody.com/activate-kindbody-benefit
Legal services	MetLife Legal Plans	Web access code: 4080010	800-821-6400	https://info.legalplans.com/Home
Identity theft protection	ID Watchdog	n/a	800-373-1226	https://www.idwatchdog.com
Backup care, family support and backup pet care	Bright Horizons	Employer username: GAFSGI Password: Benefits4You	n/a	Registration: https://bh.social/3yoNP51
Employee discounts	BenefitHub	JXJVCC	n/a	https://gaf.benefithub.com
Pet prescription discount program	Inside Rx Pets	Click on “Get Savings Card” to download discount card	n/a	https://insiderxpets.com
Mortgage services	American Federal Mortgage	Licensed in NY, NJ, CT, PA, MA, DE, MD, NC, SC, FL	862-259-3138 Ask for Carl Casperson	https://www.americanfedmortgage.com/corporateincentive-program Email: ccasperson@amfedmtg.com
Financial counseling	Quotient	n/a	888-895-4797	https://quotientwealth.com Email: info@quotientwealth.com
401(k)	Vanguard	GAF: 097379, SGI: 095764	800-523-1188	https://ownyourfuture.vanguard.com



Still Need Assistance?

For questions or enrollment support, contact Your Benefits Resources at 855-564-6155 (Monday through Friday, 8:00 a.m. to 8:00 p.m. ET), visit the Your Benefits Resources website or use the Aight Mobile app. The “Help Me Choose” tool is available for personalized recommendations. For more complex coverage issues, contact our **Aight Advocacy Team** at AightHealthPro@alight.com or call 866-300-6530 to connect with a Health Pro. Representatives can explain how benefits work, help find great doctors, resolve billing issues and so much more.

If you haven't found the information you're looking for through your benefit resources and contacts, or if you still need help, please reach out to **HR Services**. You can contact an HRXpert at 833-479-7378 (Prompt #5) from Monday through Friday, 8:00 a.m. to 5:00 p.m. ET. Alternatively, you can also open a ticket through [HRConnect](#).